

Г

Wambiri Leadership Camp Program Itinerary

Saturday 1 April 2023				
8:00am	Check In	Arrive : Receive your nametag, drop your bags off and hand in any medications. Sign in to ensure accurate headcount.	Andrew Edmunds, Frank Davey	
8:30am	Breakfast	Breakfast & Welcome: Induction briefing and run-through of expectations.	Andrew Edmunds, Frank Davey	
9:00am	Session 1	Getting to Know You: Ice Breaker Activity	Andrew Edmunds Natalie Browning	
9:30am	Session 2	Survivor Adventure: Team Building Activity	Shayne Rettke Shannon Fox	
10:10am	Re-Fuel	Quick Break: Morning Tea	Frank Davey	
10:15am	Session 3	Junior Search and Rescue: Using the Radio, planning a search, searching effectively, the 4 P's, scenarios with manikins.	Andrew Edmunds, Natalie Browning	
12noon	Session 4	SLS Pathways : The Life of a Lifeguard – ALS Bega Valley Shire Lifeguard Supervisor	Shayne Rettke	
12:30pm	Lunch	Lunchtime	Frank Davey	
1:00pm	Session 5	Dragon Boating: Introduction and Team Building experience. Top Lake, Merimbula.	Frank Davey, Merimbula Water Dragons	
2:30pm	Re-Fuel	Quick Break: Afternoon Tea Frank Davey		
4:00pm	Travel	Return to Pambula SLSC Parent Helpers		
4:30pm	Session 6	Local Area Command: How Emergency Services in our Local Area work together. Local Police Service, SES, Water Police, Rural Fire Brigade and possibly NSW Ambulance.		
6:00pm	Dinner	Pizza Night! Frank Davey		
7:00pm	Session 8	Keynote Speaker:Shannon will talk surf lifesaving, leadership and taking initiative.Shannon Fox		
8:20pm	Session 9	Movie: Chill out time with Popcorn and Choc Tops Frank Davey		
11:00pm	Lights Out	Quiet Time from 10:00pm	Andrew Edmunds	
Sunday 2 April 2023 NOTE: Daylight Savings Time Changes Overnight				
7:00am	Breakfast	Breakfast & Pack Up: All bedding and bags to be packed up	Frank Davey	
8:00am	Session 1	Coastal River Walk	Andrew Edmunds	

10:00am	Session 2	Lifesaver 23: Westpac Rescue Helicopter Visit. Plan and Prepare for a Helicopter Landing. SLS Pathways.Andrew Edmun	
10:40am	Re-Fuel	Quick Break: Fruit and Refreshments	Frank Davey
11:00am	Session 3	Powercraft Awareness: IRB and RWC Demonstrations	Tony Rettke Andrew Edmunds
12:15pm	Lunch	Lunchtime	Frank Davey
1:00pm	Session 4	Youth Development: Youth engagement discussion and ideas. Camp feedback survey.	Danielle Edwards, Madeline Grayson
1:45pm	Session 5	Presentation: Participation Certificates and Recognition.	Andrew Edmunds
2:00pm	Pick Up	Goodbye: Clean up. All candidates to be signed out before leaving, including those belonging to parent helpers!Andrew Edmunds Frank Davey	

** Program may be subject to change depending on weather conditions.

Program Facilitators	Andrew Edmunds	FSC Director of Member Services, Broulee Surfers SLSC
and Mentors	Andrew Holt	FSC Director of Surf Sports, Pambula SLSC
	Danielle Edwards	Youth Mentor, Tathra SLSC
	Frank Davey	FSC Youth Development, Pambula SLSC
	Madeline Grayson	Youth Mentor, Batemans Bay SLSC
	Natalie Browning	Beach to Bush Presenter, Broulee Surfers SLSC
	Shannon Fox	SLSA Lifesaver of the Year, Wollongong City SLSC
	Shayne Rettke	ALS Bega Valley Lifeguard Supervisor, Tathra SLSC
	Tony Rettke	FSC Branch President, Tathra SLSC
Catering	Maria Moleirinho	Tathra SLSC
	Marg Lyras	Tathra SLSC
Medical Officer	Danielle Edwards	Tathra SLSC

Early Departure

All participants must 'sign out' with Camp Facilitators prior to departure. Should an early departure be required, for any reason, advance notice is appreciated.

Cancellations

We understand that things come up and illnesses are out of our control. Please provide as much notice as possible if you are running late or will not be attending the Camp. No-shows are particularly disruptive – especially Adult volunteers who we rely on to help deliver the program. Advance notice will allow us to make alternative arrangements.

Emergency Contact

Should there be an emergency, the camp contact person is <u>Frank Davey - Phone 0421 604 366.</u> Please only use this number during camp hours.

Devices

Please note this is a <u>device free event</u> and as such candidates and leaders will not have access to their devices except at night to enable them to contact families. All adults will be contactable throughout the camp in case of emergency.

COVID-19 Safety Plan

If a member presents with symptoms (fever (37.5 degrees Celsius or higher), cough, sore throat, shortness of breath (difficulty breathing), runny nose, loss of taste, loss of smell) we will engage our COVID Safety Plan, of which the outcome may require parents to collect their child immediately.

Please ensure all items are clearly labelled.

PACKING CHECKLIST	
Swag, Camping Mattress or Stretcher Bed	Warm Weather Clothing & Underwear
Sleeping Bag and Pillow (or sheets)	Cool Weather Clothing eg – Jumper, Tracksuit Pants, Socks
Toiletries – eg toothbrush, toothpaste, soap, deodorant, hairbrush	Swimmers
Eating Utensils – plate, bowl, mug, knife, fork, spoon (no disposable items please)	High Vis Vest and Cap for Water Activities
Torch with new batteries	Wetsuit
Sunscreen, zinc	Thongs, Shoes
Water Bottle	Towels x 2
Weather Proof Jacket – eg spray jacket, plastic poncho	Hat
Plastic garbage bag to take all of the wet and dirty gear home	Medication – discuss with Medical Officer Danielle Edwards on arrival