



Far South Coast Branch 2024/25 Junior Carnival Program Under 8 - 14

Narooma SLSC Junior Carnival – 15th December 2024

Location: Narooma Surf Life Saving Club
Date: Sunday 15th December 2024
Contact: Andrew Holt, FSC Director of Surf Sports
Email: fcsurfsports@gmail.com

REMEMBER TO BRING YOUR LIVE HEATS WRIST BAND

Entry Requirements

All entries are via the Sport Event Management System (SEMS). Individuals and teams should request entry to the carnival through their club contact and entries are submitted at club level. **Entries close Monday 9th December 2024, no late entries are permitted.**

All competitors must be financial members and meet the proficiency requirement relating to their age group.

Each participating Club is required to supply volunteer support as per the Junior Carnival minimum quota: Officials 10:1 and Water Safety 5:1

Only the first 3 teams from the same club, per event, can score points. Mixed club teams will be permitted on the day but will be ineligible for points.

Mixed Beach Sprint Relays must consist of latest 50% Female competitors to compete for points. In the Mixed Board relay and Mixed Wade Relay which has 3 people per team, at least one team competitor must be female to compete for points. Any combination of ages can be specified in a mixed age board relay.

Please note Under 14 competitors are only permitted to use long boards if they have started their SRC (Surf Rescue Certificate) and completed their proficiency swims.

Updates

Download TeamApp onto your device or smartphone and search for [FSC Surf Sports] to receive Surf Sport notifications.

Live Heats

WE will continue to roll out the new Live Heats technology for tracking and recording the events. This enables results to be updated immediately while also providing a higher level of safety for the competitors. It will be compulsory for competitors to wear a Live Heats wrist band when competing. First wrist bands will be provided to competitors for free and are expected to be worn at all competition events moving forward. This includes country and state championships. In the event that you lose your wrist band there will be a \$10 fee to acquire a new one.



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Schedule of Events

7:30am	Assign of Live Heats competition bands		
8:00am	Officials and Team Manager Meeting	500m Beach Run U8, U9 and U10	
8:15am	Water Safety Briefing	1km Beach Run U11, U12, U13 and U14	
8:30am	Main Competition Program Commences – events to run simultaneously		
12noon	Break in competition for All Age Relay and lunch break for Water Safety personnel		
Water Area 1 - Craft	Water Area 2 - Swim	Beach Area 1 - Sprint	Beach Area 2 - Flags
IRON U14 Male Iron U14 Female Iron U13 Male Iron U13 Female Iron U12 Male Iron U12 Female Iron U11 Male Iron U11 Female Iron BOARD U10 Male Board U10 Female Board U12 Male Board U12 Female Board U11 Male Board U11 Female Board U14 Male Board U14 Female Board U9 Male Board U9 Female Board U13 Male Board U13 Female Board BOARD RELAY U9/10 Mixed Board Relay U11/12 Mixed Board Relay U13/14 Mixed Board Relay	WADE U8 Male Wade U8 Female Wade U8 Mixed Wade Relay U9 Male Wade U9 Female Wade U9 Mixed Wade Relay SURF SWIM U9 Male Surf / Teams U9 Female Surf / Teams U10 Male Surf / Teams U10 Female Surf / Teams U14 Male Surf / Teams U14 Female Surf / Teams U13 Male Surf / Teams U13 Female Surf / Teams U12 Male Surf / Teams U12 Female Surf / Teams U11 Male Surf / Teams U11 Female Surf / Teams	BEACH SPRINTS & RELAYS U9 Male Sprint U9 Female Sprint U9 Mixed Sprint Relay U10 Male Sprint U10 Female Sprint U10 Mixed Sprint Relay U11 Male Sprint U11 Female Sprint U11 Mixed Sprint Relay U12 Male Sprint U12 Female Sprint U12 Mixed Sprint Relay U8 Male Sprint U8 Female Sprint U8 Mixed Sprint Relay U14 Male Sprint U14 Female Sprint U14 Mixed Sprint Relay U13 Male Sprint U13 Female Sprint U13 Mixed Sprint Relay	BEACH FLAGS U13 Male Flags U13 Female Flags U12 Male Flags U12 Female Flags U8 Male Flags U8 Female Flags U14 Male Flags U14 Female Flags U11 Male Flags U11 Female Flags U10 Male Flags U10 Female Flags U9 Male Flags U9 Female Flags

** Please note the program order of events may change.