



# Far South Coast Branch 2025/26

## Junior Carnival Program

Under 8 - 14

### MORUYA SLSC Junior Carnival – 23<sup>rd</sup> November 2025

**Location:** Moruya Surf Life Saving Club  
**Date:** Sunday 23<sup>rd</sup> November 2025  
**Contact:** Rhys Davies, FSC Director of Surf Sports  
**Email:** [fscsurfsports@gmail.com](mailto:fscsurfsports@gmail.com)

#### REMEMBER TO BRING YOUR LIVE HEATS WRISTBANDS!

This season will be a year of change as we move away from SEMS entries. **All entries are via LIVEHEATS.** Individuals and teams should speak to their club contact to discuss how entries will be handled at your club (either individual or club).

The Surf Sports Team has been working hard to incorporate a lot of feedback/suggestions made regarding our local surf sports carnivals. These changes ultimately are about providing a great surf sports experience for all our junior members. The team are looking forward to testing out the new program, which they hope you will see as positive move.

We do ask that everyone could please be patient with our FSC Surf Sports Team and all branch officials as we all work through everything together.

#### Event Information & Eligibility

- Mixed Events refer to a team with at least one female and any combination of age category specified in the event name unless stipulated otherwise.
- A maximum of 3 teams per Club per event. Composite-Club teams are allowable on the day at the discretion of the Official, however no points will be awarded.
- Competitors can only compete in their own age division for individual events.
- **Each participating Club is required to supply volunteer support as per the Junior Carnival minimum quota: Officials 10:1 and Water Safety 5:1**

#### Updates

Download TeamApp onto your device or smartphone and search for [FSC Surf Sports] to receive Surf Sport notifications.

#### Live Heats

Live Heats enables results to be updated immediately while also providing a higher level of safety for the competitors. It will be compulsory for competitors to wear a Live Heats wrist band when competing. First wrist bands will be provided to competitors for free and are expected to be worn at all competition events moving forward. This includes country and state championships. In the event that you lose your wrist band there will be a \$10 fee to acquire a new one.

**If anyone has grown out of their band or it has stopped working, then we can replace them free of charge. Just return the old band prior to a carnival starting.**

#### Program Details

- 6:30am Live Heats Wristband Help Desk available until 7:00am
- 7:00am Officials, Live Heats Personnel and Team Manager Meeting
- 7:30am Water Safety Briefing / Beach Run / All Age Relay
- 9:00am Main Program Commences

#### NOTES:

- *Program is subject to change.*
- *Outgoing tide may require older age groups to start in water.*
- *Water area may change if one finishes sooner than the other.*
- *Under 8 age group runs an independent program to allow for early finish.*

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Beach Run	Beach Running	Flags 1 -Male	Flags 2 - Female	Water 1	Water 2
<b>7:30am Start</b>	<b>9:00am Start – events to run simultaneously</b>				
500m Beach Run Under 8 Under 9 / 10	Under 14 Boys & Girls Sprint Relay	U13 Male Flags	U13 Female Flags		Under 11 / 12 Male & Female Swim Board
				Under 9 / 10 Male & Female Wade	
1km Beach Run Under 11 / 12 Under 13 / 14	Under 13 Boys & Girls Sprint Relay	U14 Male Flags	U14 Female Flags	Swim Board	Under 11 / 12 Male Ironman
				Under 11 / 12 Female Ironwomen	
All Age Relay		Under 9 / 10 Male Flags	Under 9 / 10 Female Flags		Under 13 / 14 Male Swim Board Ironman
	Under 11 / 12 Boys & Girls Sprint Relay			Under 13 / 14 Female Swim Board Ironwomen	
	Under 9 / 10 Boys & Girls Sprint Relay	Under 11 / 12 Male Flags	Under 11 / 12 Female Flags		

Under 8 Program (Starts after All Age Relay)	Beach Running	Flags	Water 1
<b>9:00am Start – events will run one after each other</b>			
			Under 8 Wade
		Under 8 Flags	
	Under 8 Sprint Relay		